

October 2022



Early Years news, advice and guidance for Square Mile families and settings

Hello...

Welcome to our monthly newsletter.

Our aim is to share regular local and national Information for families in the city. If you would like to find out anything further on any items or like more advice or information, please contact the Family Information Service.

020 7332 1002

EEYService@cityoflondon.gov.uk

www.fyi.cityoflondon.gov.uk

Makaton

Talking does not just involve speaking. Watch someone talking, they will also be using gestures, facial expression, eye contact and body language. All this is communication. Makaton uses speech with signs (gestures) and symbols (pictures) to help people communicate. Would you like to learn some useful signs to use with your child?

As part of our Coltales programme (City of London Talks and Listens Enthusiastically) we post Makaton videos every Wednesday on our social media platforms. Follow us on Instagram, Facebook, Twitter or search [#ColtalesTopTips](https://www.instagram.com/coltales)

To find out more about Makaton, please visit their website by clicking [here](#).

Smokefree City & Hackney launches Stoptober 2022

Smoking harms both you and the ones around you—especially babies and young children. Quitting smoking will benefit you and protect the people you care about.

With support and medication (or an e-cigarette) we have helped 1000s of people to quit. That is why we are saying, **'You've got what it takes to quit this Stoptober'**.

Smokefree City & Hackney - 0800 046 9946

www.smokefreecityandhackney.org

Half Term Fun

Thank you Mbillla Arts for providing such an amazing drumming and storytelling session at Barbican library this week.



You can find more exciting activities at <https://www.barbican.org.uk/your-visit/general-info/families>

Coltale Clue No. 2

Here's our second clue for Coltale's Passport. Have you found the children walking to school in Bread street yet? Fill out your passport and there are loads of lovely prizes to be won!

Tweet: [@SqMileFamilies](https://twitter.com/SqMileFamilies) and let us know!



Supporting your child's learning

It's normal to worry about how to best help your child's communication skills. But this is where we can help. If you need tips on boosting your child's reading, writing, speaking and listening skills then use the link below.

Discover some exciting activities by visiting:

<https://wordsforlife.org.uk/>

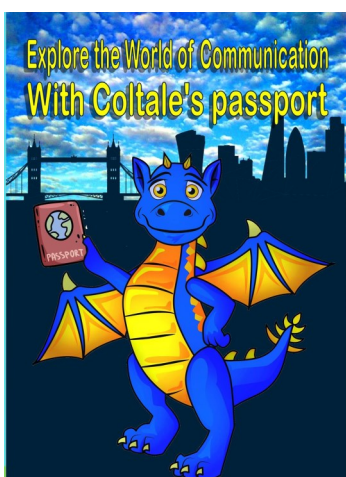


Coltale's Passport is available!

Have you picked up a COLTALE passport from City libraries yet?

Use your Coltale passport to help improve your child's communication skills by discovering and talking about exciting sites in the City of London

Follow [@SqMileFamilies](https://twitter.com/SqMileFamilies) for more Information. **There are prizes to be won!**



Look after all your friends and family!

Vaccines are the most effective way to prevent highly infectious diseases such as 'flu' and we are very fortunate in the UK to be able to access these very safe vaccines for free!

Any questions? Contact our City and Hackney Team on 0207 613 8370 hackney@v-uk.co.uk



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