# Early Years news, advice and guidance for Square Mile families and settings

#### Hello...

Welcome to our monthly newsletter.

Our aim is to share regular local and national Information for families in the city. If you would like to find out anything further on any items or like more advice or information, please contact the Family Information Service.

020 7332 1002

<u>EEYService@cityoflondon.gov.uk</u> www.fyi.cityoflondon.gov.uk

#### **Makaton**

Talking does not just involve speaking. Watch someone talking, they will also be using gestures, facial expression, eye contact and body language. All this is communication. Makaton uses speech with signs (gestures) and symbols (pictures) to help people communicate. Would you like to learn some useful signs to use with your child?

As part of our Coltale programme (City of London Talks and Listens Enthusiastically) we post Makaton videos every Wednesday on our social media platforms. Follow us on Instagram, Facebook, Twitter or search #ColtalesTopTips

To find out more about Makaton, please visit their website by clicking <u>here</u>.

## Safer sleep sounder sleep for you

This caring charity will offer you advice and support on safe sleeping for your baby. Please do look at the information and presentations on their website which will support you in keeping baby safe whilst sleeping.

## The ABC of Safer Sleep

**Always** sleep your baby... on their **back...** in a **clear** cot or sleep space free of bumpers, toys, pillows and loose bedding.

Visit <u>www.lullabytrust.org.uk</u> for more information

Contact them on 08088026869

Email info@lullabytrust.org.uk

#### Free books

Dolly Parton's Imagination Library is a book gifting prgramme devoted to inspiring a love of reading in children everywhere.



Enrolled children from birth to five can receive high -quality books, sent via the post and best of all it is free of charge.

To register please click here

## **COLTALE** Dragon stories

Have you listened to COLTALES stories on YouTube. These stories were created by children who attend schools and nurseries in the city.

See the link here.

Why not let us know your child's own story in the comments.



### Sing along sessions

(Term time only)

At:

24 Exmouth Market Centre

London

EC1R 4 QE

Thursdays and Fridays 10 - 11 and 11.15 - 12 There's no need to book just drop in. Small Voluntary donations appreciated for each session but only what you can afford. The sessions are great fun!



Why not follow <u>@SqMileFamilies</u> on Twitter and check out Coltale's top tips for talking.





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